

HEALTH EDUCATION

Teacher: **Jazzmin McCoy** jamccoy@dallasisd.org
Course: **Health Education**
Textbook: **Glencoe Health**
Website: <http://jazzmcc11.wix/health>

Student Outcomes

1. Living a Healthy Life (Chapter 1)
2. Building Health Skills and Character (Chapter 2)
3. Nutrition and Your Health (Chapter 5)
4. Managing Weight and Body Composition (Chapter 6)
5. Achieving Good Mental Health (Chapter 7)
6. Managing Stress and Anxiety (Chapter 8)
7. Mental and Emotional Problems (Chapter 9)
8. Skills for Healthy Relationships (Chapter 10)
9. Family Relationships (Chapter 11)
10. Peer Relationships (Chapter 12)
11. Violence Prevention (Chapter 13)
12. Tobacco (Chapter 21)
13. Alcohol (Chapter 22)
14. Medicines and Drugs (Chapter 23)
15. Communicable Diseases (Chapter 24)
16. Sexually Transmitted Infections and HIV/AIDS (Chapter 25)
17. Noncommunicable Diseases and Disabilities (Chapter 26)
18. CPR in the Schools (American Heart Association)
19. Human Growth Development and Sexuality (DISD Curriculum)
20. P.A.P.A. (Parenting and Paternity Awareness)

Strategies

The learning process will include the following strategies:

1. Lectures
2. Cooperative Learning groups
3. Class Discussion
4. Role-playing – Health Activities
5. Individual Work
6. Videos
7. Technology
8. Notebook
9. Journal Writing (Keeping a spiral)

Supply List - Due 1/11

1. **3-Ring Notebook (1" at least)**
2. **5 Dividers (a. lectures, b. handouts, c.classwork, d. test/quiz, e. misc.)**
3. **Plenty of notebook paper**
4. **Spiral notebook/composition book (70 pages) (Journal – One subject ONLY)**
5. **Pedometer (\$5.00 at Walmart- will need to use all semester for semester project)**

Resource/Materials

Textbook, ancillary materials, videos, technology.

Assessment

- | | |
|--|-----|
| 1. Classwork/Cooperative Learning/Homework | 40% |
| 2. Projects/Binder/journal/*pedometer | 20% |
| 3. Test/Quiz | 25% |
| 4. Six Weeks Test Grade | 15% |

*Pedometer project is ongoing all semester so keep all your data that you accumulate.

Classroom Behavior (Non-negotiable)

1. Report to class on time and **be in the seat when the tardy bell rings** and NO talking.
2. Bring **all** required materials each day. (binder, spiral, pen/pencil.)
3. Treat the teacher and fellow peers with respect.
4. Take care of personal needs before you come to class.
5. No eating and drinking in class.
6. Clean out the trash in your desk and push in chairs before you leave.
7. Follow all the directions related to discipline and subject matter.
8. Electronic devices may be used if permitted by teacher.
9. The teacher will dismiss the class each day.

Make-up Policy

1. It is **YOUR** responsibility to **ASK for make-up work when you are absent.**
2. **You will be given at least two school days** for every day missed to complete the assignments or test missed after an absence.
3. If the absence is unexcused, you have the next class period to complete the assignment and the most you will get on the assignment is a 50.

Late Work

1. **15 points** will be deducted for every day it is late. (that includes non-class days/not weekends)
2. You have **three days** from the original assigned day to complete the assignment.
3. No late work is accepted three days before the end of the six weeks.

Test Re-take Policy

1. You may re-take ANY test that you score below 70.
2. You have **ten days** to make-up the test from the original test date.
3. You must come in **BEFORE** school to re-test.

Tutoring

1. If you need a pass the day before then you can come by my room to receive the pass.
2. You can e-mail me if you would like to set-up a time, but it is not necessary.

Off Period

11:08 AM - 11:58 AM (3rd period)

I want you to do your very best in Health Education this semester. If I can be of any help feel free to come to me. Have a great semester!!!!